



SDPI
Sustainable Development Policy Institute

Training Workshop

EMPOWERING WOMEN THROUGH INFORMATION AND COMMUNICATION TECHNOLOGIES

Islamabad Regency Hotel, December 16 & 17, 2009

- TRAINING PROGRAMME -

Day 1

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| 9.00-9.15hrs | Welcome by Brig. (r) Mohammad Yasin, Advisor Capacity Building SDPI |
| 9.15-9.45hrs | Introduction by Ms. Nazima Shaheen, Project Coordinator SDPI |
| 9.45-10.00hrs | Buzz groups (with introduction group members): "How do you define women's empowerment?" |
| 10.00-10.15hrs | Plenary: Results of buzz groups |
| 10.15-10.30hrs | Presentation 1: "Women's and men's use of ICTs in rural Pakistan – how wide is the gap?" by Dr. Karin Astrid Siegmann, Visiting Fellow SDPI |
| 10.15-10.30hrs | Q&A presentation 1 |
| 11.00-11.30hrs | Plenary discussion: "How do we in our organisation utilize ICTs for women's empowerment? Or why not?" |
| 11.30-12.00hrs | Tea |
| 12.00-12.30hrs | Presentation 2: "Learning from best practices on ICTs for women's empowerment – Existing initiatives and stakeholders' recommendations" by Ms. Nazima Shaheen |
| 12.30-13.00hrs | Q&A presentation 2 |
| 13.00-14.00hrs | Lunch break |
| 14.00-14.20hrs | Group exercise: Internet browsing |
| 14.20-15.00hrs | Plenary: "Which of the browsed project(s) would be useful for our organisation's work on women's empowerment and why?" |
| 15.00-15.15hrs | Tea |
| 15.15-17.00hrs | Training on development of local radio programme by Ms. Rafia Arshad, UKS Foundation 1 |

Day 2

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| 9.00-11.00hrs | Training on development of local radio programme by Rafia Arshad, UKS Foundation 2 |
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11.00-11.15hrs Tea
11.15-13.00hrs Training on use of satellite phones for tele-health by Dr. Rasheeda Panezai, MAHEC Trust
13.00-14.00hrs Lunch
14.00-15.15hrs Exercise: Development of action plan 2010 on “Empowering women through ICTs for our organization”
15.15-15.30hrs Tea
15.30-16.15hrs Presentation of action plans
16.15-16.45hrs Training evaluation: “My luggage from SDPI training”
16.45-17.00hrs Farewell

Day 3

16.00hrs Press briefing/release on training & its participants in National Press Club, panelists:
Ms. Nazima Shaheen, Project Coordinator SDPI
Ms. Rafia Arshad, UKS Foundation
Dr. Rasheeda Panezai, MAHEC
SDPI training participants

Contact

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